Sluejay News Seward High School

January & February 2020

Every student, every day, a success!

Mission Statement: The school district of Seward --where every student, every day is a success -affirms that all students will have the skills to become productive and contributing members of a global community. In cooperation with family and community members, the district is committed to the development of each student academically, emotionally, socially, and physically.

Dear Parents

As we begin a new year, we are very appreciative to our students and staff for all their hard work the first semester. The first semester of this school year has given us much to be proud of in the area of activities and athletics. We have great students at Seward High School who represent our community in the right way. Please come out and support our students in their different activities this winter and spring.

A big task this semester is preparing our juniors to take the statewide ACT test on April 7th. This will be year four for this program, and we were proud of the progress our students made last school year as overall scores continued to rise. This fall, we have tried to give our junior class different opportunities to prepare for this assessment including:

- practice ACT test in a timed format.
- individual meetings to discuss their results and set goals for the future.
- free ACT online preparation software that can be accessed from any computer.

Looking back at 2019, we have much to celebrate as a school and community. We should all be proud of the work we have done together preparing our students for the future. The coming year should be just as exciting.

Go Bluejays! Scott Axt, Principal

<u>Bluejay Bash</u>

The BlueJay Bash was very successful, we appreciate all of the hard work of the SHS Booster Club in planning this event and the tremendous support and generosity of our local communities and businesses. We also greatly appreciate the attendance and support of our school board, staff and community members. It was a great evening to support our SHS students and showcase many of the talented students that we have at SHS. With the funds raised, SHS was able to order all new furniture for both the middle and north lobbies as well as chairs for the south lobby. The tentative installation date is March 9th.

Coin War

The Coin War sponsored in December by our Bluejay Leadership Team was a huge success. Students and patrons contributed \$3000, which led to a generous \$3000 match from the Seward Youth and Community Club as well as a \$2000 incentive pledge from Dan Griener. We are very grateful to the community members and businesses in Seward County for their support of this project. As a result of this event, Mr. Knott's legs were waxed, Ms. Jill Johnson and Mr. Mitch Gabel sang "I Got You Babe," and Mr. Miller was turned into a human sundae. Thanks to these folks for putting the FUN in fundraiser!





follow us on Twitter #sewardjays @SewardBlueJays

2020-2021 Course Registration Process/Timeline for Current SHS Students

The course selection and registration process for the upcoming 2020-2021 school year was completed in January with the following dates and times listed below.

Grade Level	Registration Plan
Current Juniors	 Band/Choir Students - Jan. 11 (1A/1B) Non Band/Choir Students - Jan. 14 (1, 2, 4) Ms. von Kampen's classes Remainder Jan. 14 (5th hour)
Current Sophomores	 Band/Choir Students - Jan. 16 (1A/1B) Non Band/Choir Students - Jan. 22 (1, 2, 3, 4) Ms. Limback's and Ms. Crouch's classes Remainder Jan. 16 (5th hour)
Current Freshmen	 Band/Choir Students - Jan. 20 (1A/1B) Non Band/Choir Students - Jan. 21 (1, 2, 3, 4) Ms. Pohl's and Ms. Rickert's classes Remainder Jan. 21 (5th hour)

The purpose of the pre-registration meeting is to share important information regarding the course registration process such as available courses, recommendations, timelines, and graduation requirements. This will also link the course registration process to post-secondary planning. In short, these meetings help to ensure that students are being provided with the information they need to take full advantage of the high school experience from an academic standpoint.

The 2020-2021 course registration guide can be accessed in several locations on the Seward Public Schools website (www.sewardpublicschools. org). It includes information regarding graduation requirements, course descriptions, post-secondary planning advice, and course sequencing that will be helpful in determining which courses would be the best to select for each individual student. We encourage all students and parents/guardians to consult this guide extensively when making course registration decisions. Students and parents/guardians are also encouraged to consult with teachers, counselors, and school administrators as needed when making course registration decisions.

We would also like to remind students and parents/guardians to take the course registration process seriously. Decisions regarding how many sections of a particular course will be offered, the period/term a particular course will be offered to reduce conflicts, the purchase of resources, and staffing decisions for the upcoming school year are all influenced by the registration patterns of our students. In short, the course requests of our students are one of the primary drivers in the development of the master schedule. As such, once the master schedule is created, course change requests will be limited and rare.

Registration forms will be due back to the counseling office prior to January 28. This will give parents one final opportunity to confer with teachers at the Monday, January 27 parent/teacher conference prior to the forms being due. Current students will then formally enter his or her course requests online January 31 during the school day. Once this step has been completed the scheduling team at Seward High School will begin its work building the master schedule for the coming school year.



P.R.I.D.E. Recognition Rally

Term 2 ended on a celebratory note as students and staff gathered in their holiday sweaters on the final day of the term. The show choir, a taekwondo group, and the Fab 5 band entertained the audience as they congratulated their classmates in the areas of preparation, respect, integrity, dedication, and effort. Our alumna speaker was Class of 1937 graduate Virginia Clarke Cattle, who was accompanied by her daughter and fellow alum, Becky Cattle Vahle, Class of 1965 graduate. Our wrestling team received a \$250 award from the Down Syndrome Association for Families, and Dave Griek from NTV News made a special appearance to offer recognition to one of our students.

Bobby Truhe Speaks to Students

Bobby Truhe from KSB Law addressed the entire student body on December 20th regarding appropriate social media use as well as pitfalls to avoid. His straight talk and specific references engaged and informed students about this ever-increasing issue facing students, families, and schools. Be sure to remind your students that their online practices follow them everywhere. Truhe advised if they are in an online group of any type, they are condoning what is being said. If they do not agree with what is being said, they should state that and leave the group immediately in order to protect themselves.

Parent-Teacher Conferences

The third round of parent/teacher conferences is scheduled for January 27th from 5:30-7:30 p.m. Parent/ Teacher conferences provide an excellent opportunity for you to meet your son's and/or daughter's teachers, receive updates on their academic progress, and obtain other information that will help you to support your student in their journey through high school.

<u>Special Program the Night of Parent/Teacher</u> <u>Conferences:</u>

Sophomore Parent Session with the Counselors (6:45-7:30 p.m.):

A special program will be held for the parents of sophomore students January 27th during parent/ teacher conferences. Sophomore parents are strongly encouraged to attend. The presentation will start at 6:45 p.m. in the new theater and will last approximately 40 minutes. School staff will share information regarding a wide array of post-secondary planning topics - especially focusing on the coursework opportunities (college credit options) as students move into the junior year.

ATTENDANCE COUNTS

<u>Attendance</u>

It is common to see more student absences due to illness, family trips, and other school activities during the second semester of the

school year. We speak frequently with our students about the importance of instructional time and generally see a dip in achievement from students who miss class time. Instructional time is paramount to student success and nearly impossible to replicate outside of the classroom. Please be thoughtful in planning family vacations and other extended absences to avoid missing school. Per School Policy, students are only allowed 5 absences per term. Students that go over this amount are subject to losing credit in each class over the 5-day limit. Seward High School sends letters at 3 days and 5 days as alerts to parents and students. In the event your student misses school for a professional appointment, such as a physician, orthodontist, therapy, court, or similar occurrence, please provide the school with documentation of this appointment when your student returns to school. This allows us to document these absences and not count them against the 5-day absence limit. The ONLY absences that do not count against the 5-day limit are approved documented absences (professional appointments) as stated above.



The Term 2 Honors Breakfast will be held Friday, January 31 from 7:30 to 8:15 a.m. The purpose of the Honors Breakfast istorecognize and celebrate those students who have made the



Term 2 Honor Roll. Parents are strongly encouraged to attend along with their son and/or daughter. Additional information regarding the honors breakfast will be included in the report card mailing for those students who have made honor roll.



Winter Road Conditions

When the weather and roads become hazardous, please encourage your student to leave for school earlier, drive more carefully, and dress appropriately for the cold and the ice because

walking and driving will be challenging for our young drivers. In the event that we are in school and it begins to snow or ice collects on the pavement, some sort of reminder will be given to students at the end of the school day reminding them to completely scrape their windshield, allow more distance between cars and to generally drive safely.

After School Study Group

Students have access to tutoring on Monday, Tuesday, Wednesday and Thursday night of each week from 3:45-4:45 p.m. in the Seward High



School library. Students have access to Seward High School staff members as well as Concordia University students studying to become future teachers. Students needing computer access are also welcome

to attend. Parents can contact the school to check on student study group attendance and times the student signed in and out of the library.

EVERY DAY IS A GOOD

DAY TO BE A JAY!

<u>Help! My Student is repeatedly on the ineligibility list.</u> <u>What can I do?</u>

The ineligibility list is a report generated at Seward High School that provides a list of students and courses who have a failing grade each week. While the reasons for why a student may be failing a course can vary greatly, often incomplete or missing work can figure prominently among the reasons – either because of the impact the missing work has on a student's grade or because they do not participate in the necessary practice to obtain the knowledge and skills being assessed. We address this challenge internally at the high school by using our interventions framework that includes a combination of teacher and school-level interventions. In our interactions with parents as a part of this process, we often get the question, "What can I do?" We know that if a few have this question there must be others. Below are a few of the suggestions we often provide as a starting point for parents. Not all students are the same, so please don't hesitate to contact us if you would like to process ideas The combination of at-home and at-school further. interventions will only increase the likelihood of future success for a struggling student. We appreciate the teamwork and cooperation.

<u>Homework Routines:</u> Tasks are easiest to accomplish when tied to specific routines. By establishing daily routines for homework completion, you will not only make homework go more smoothly, but you will also be fostering a sense of order for your students that they can apply later in life, including college and work.

- Find a location in the house where homework will be done. The right location will depend on your student and the culture of your family. Some students do best at a desk in their bedroom. Others become too distracted by things they keep in their bedroom and do better at a place removed from those distractions, like the dining room table or desk in a main living area. Some students need to work by themselves. Others need to have parents nearby to help keep them on task. Ask your student where the best place is to work. Give them the latitude to try this location, but also don't be afraid to change the routine if it is not producing results. A good routine is one that works!
- Establish a dedicated homework time. Your student should get in the habit of doing homework at the same time every day. The time may vary depending upon the individual student and/or day of the week. Many students will have a variety of commitments such as school activities, work, and family activities. Building routines that take these variables into account is an essential element of

good planning. We recommend a time before dinner or as early in the evening as possible. The later it gets, the more tired the student becomes and the more slowly the homework will actually get done.

<u>Check PowerSchool Daily</u>: PowerSchool is a valuable tool for you as a parent. You can set your account to provide you regular updates thereby allowing you to monitor the progress of your student. If you have questions regarding a specific assignment, grade, or other class specific variable on PowerSchool you can quickly email the teacher. PowerSchool is also a tool you can use to identify what needs to be done at home so you can set daily homework completion goals with your student as part of their routine. Please contact the Seward High School office at 402-643-2988 to set up a PowerSchool account if you do not already have one.

<u>**Trust Your Instincts:**</u> If your student tells you that they have their work completed and all is going well academically, yet you continue to receive notifications that they are on the ineligibility list, we encourage you to contact the school to inquire further. You can do so by emailing or calling one of your student's teachers, counselors, or building administrators. We recommend you start with the classroom teacher to obtain the most detailed and specific information regarding the progress of your student.

Support the Interventions Process: The staff at Seward High School is committed to an interventions framework that includes layers of support at the classroom and school-level. This system involves interventions and communication at the classroomlevel, during Access time, in the counseling office, and with school administration. Specifically, after three consecutive weeks of being on the ineligibility list, most students will have received an intervention by school administration. Often this involves assigning the student to mandatory tutoring a few nights each week and/or work time before or after school with a specific teacher. This can sometimes be an inconvenience for families as they need to accommodate additional transportation demands and/or alter their own routines; however, the accountability, structure, and support of these interventions have yielded significant benefits for many students at Seward High School.

There is no magic formula. The key at home is to find the balance between having consistent expectations and being flexible enough to find the right combination of strategies and interventions. It's not always easy, but with good teamwork between the school and home we will increase the likelihood of success. The staff at Seward High School is here to serve. We are committed to striving to meet the needs of every student. We appreciate your efforts at home and will continue to do our best to meet the needs of all students.

Class of 2020 Commencement Ceremony

The Seward High School graduation commencement ceremony will be held Sunday, May 10, 2020, at 2:00 p.m. in the south gym at Seward High School.



Students are to report to the library by 1:15 p.m. with cap, gown, and attire appropriate (business casual) for the event. While in the library, graduates will receive final instructions regarding graduation procedures. Graduates will also move to the north gym so parents/ guardians/friends of the family will be able to take pictures of the Class of 2020 one last time before the ceremony begins. The entire ceremony will last approximately 45 minutes from start to finish. Students who do not plan to participate in the commencement ceremony should report to Mr. Axt as soon as possible no later than Friday, May 1. This information is being provided as early as possible for family planning Additional information regarding the purposes. ceremony will be provided in subsequent newsletters.



Junior Parents

It is not too early to begin thinking about, and scheduling, Senior pictures. Seward High School will continue offering senior banners for purchase, these banners will hang it in the main lobby during the 2020-2021 school year. Information on how to order banners will be available this spring/summer.

Spring Sport Parent Meeting

If your son or daughter will be participating in a spring sport, plan on attending the Spring Sport Parent Meeting on March 9th at 6:30 pm in the Little Theater.



Other Important Dates and Information for the Class of 2020:

- **Community Service Hours Due:** Thursday, April 30th
- Prom: Saturday, May 2nd
- Honors Night: Tuesday, May 5 (Business Casual Dress No jeans or shorts please)
- Last Day for Seniors: Wednesday, May 6
- Graduation Rehearsal: Wednesday, May 6
- Yearbooks: Seniors interested in a yearbook must purchase online at www.jostens.com no later than April 24th.
- Yearbook Parent Page Ad: Senior parents interested in purchasing a parent page ad for their senior student may do so by contacting the yearbook sponsor, Ms. Limback, at kelly.limback@ sewardschools.org or by calling Seward High School at 402-643-2988.
- Senior Skip Day: To eliminate any potential misunderstandings, the school does not approve any senior skip day while school is in session. Seniors who participate in a skip day will not be excused and will be assigned a consequence. If parents of seniors call the attendance office, they will be told that the school does not sanction a skip day.
- **Fines:** Students who owe any fines will not receive their diploma until the fine has been cleared.
- **Diplomas:** This is a reminder that diplomas are awarded after a senior student has completed all activities associated with the high school. Students who have completed all activities following the graduation ceremony will receive their diploma shortly thereafter. Students still involved in activities such as state track, school trips, etc. will receive their formal diploma after their final school activity following graduation.

<u>Striv TV</u>

If you are unable to attend Seward High home events you can still see all the action at https://striv.tv/ channel/seward/ The Striv/Multimedia team will broadcast wrestling, basketball, baseball, and fine art performances this winter and spring.



Counselor's Corner

Tips for Winning the Scholarship Game

Start the process early. Start searching for scholarships as soon as possible. Don't wait until the spring semester of your senior year in high school to start searching, or you'll miss many of the deadlines. There are many scholarship awards available to students in earlier grades. Continue searching for scholarships even after you are enrolled in college.

Don't pay for scholarship searches. Use free resources such as ScholarshipQuest at EducationQuest. org with over 2,000 Nebraska-based scholarships. Free national sites include Fastaid, Scholarship Monkey, ScholarshipExperts.com, School Soup, and Scholarships.com.

Earn the best possible ACT/SAT scores by taking the exam in the spring of your junior and again in the fall of your senior year. December is the last date for seniors to take the ACT/SAT and have it count for many scholarships.

Tailor your application to the goal of the scholarship. Read and follow directions carefully. To illustrate, last year 6,000 students in Nebraska applied for the Buffett Scholarship. Of those 6,000 applicants, over 3,000 were eliminated from consideration because they didn't fully complete all the required components of the application.

Apply for local scholarships. Ms. Baker and Mr. Fields will begin communicating application procedures and timelines for the Seward Community Scholarship Fund early in the spring semester. It is strongly recommended that all college bound seniors consider applying.

Visit with Ms. Baker or Mr. Fields often for information regarding scholarship possibilities. The Seward High School Counseling website (http:// sewardhighcounseling.wordpress.com) is a good resource as you explore various scholarship opportunities.

Update your activities, honors, community service, or paid jobs using the Activities Resume at EducationQuest.org. Use quality references such as a teacher, coach, or activity sponsor. Encourage them to write specific examples of your leadership skills or other qualities that you believe will make you a good candidate for a particular scholarship. Give them advance notice and a specific deadline when making your request.

Place scholarship applications in deadline order. Local awards and college-specific applications deserve top priority because you're more likely to earn them.

Tailor your essay to the scholarship. Ask a teacher, counselor, parent, or administrator to read your essay and offer advice. Your essay response will be a great opportunity for you to stand out in comparison to other applicants.

If you have difficulty writing essays, record yourself with your computer/phone answering the question out loud and then transcribe what you say. You can use your transcription to draft an outline to assist with writing your essay.

Pay close attention to grammar, spelling, and neatness. Ask at least two people to proofread your entire application.

Make a photocopy of your application before mailing it. Send the application by certified mail (if mailing is required), return receipt requested, or with delivery information.

While the suggestions above are helpful tips to best present yourself in the pursuit of scholarships, it is important to remember that it is what you do throughout your high school career that matters most. You are encouraged to apply yourself to the best of your ability in rigorous coursework. This will not only make your application more attractive because you have attempted these courses, but will also improve your academic skills so that you are able to perform at a higher level on standardized tests such as the ACT/ SAT. Furthermore, consistent school and community involvement over time will be a critical component of several scholarship awards. In short, do your best to make the most of you high school experience from a post-secondary preparation standpoint. You can do it!

a success!



Every student, every day,

ACT Planning for Juniors and the State-Mandated ACT

When should my junior student take the ACT? This is a common question we hear from parents at Seward High School. We recommend that most students take the ACT a <u>minimum</u> of two times – once during the junior year and then again during the first semester of the senior year. We recommend testing in April for those students who only plan to take the test once during their junior year. All juniors will take the ACT for state reporting Tuesday, April 7. As the test is content based, being further along in classes will help improve the chances of a higher score. For students wanting to maximize their ACT performance we recommend taking the test up to four times – two times during the junior year and then another two times during the first semester of the senior year.

As you plan ahead, *PLEASE* make sure your junior student is in attendance on the state-mandated ACT Tuesday, April 7. Please do not schedule appointments for that day. We need all of the juniors to take the test that day. Let's shoot for perfect attendance, juniors!

Additional ACT Reminders:

<u>ACT Fee Waiver:</u> (This does not pertain to the April 7 in-school test) Students with economic need may qualify for fee waivers with the ACT if they meet one or more of the following criteria:

- Family receives public assistance
- Student is a ward of the state
- Student resides in a foster home
- Student is homeless
- Student participates in free or reduced-priced lunch program

• Family income is at or below the 2010 Bureau of Labor Statistics Low Standard Budget

Students may use up to two ACT waivers total junior and/or senior year. Any student who qualified for an ACT waiver also will qualify for application fee waivers when applying to college. Contact Mr. Fields or Ms. Baker for assistance.

<u>ACT</u> Score Reporting: It is the student's responsibility to submit test scores to their college of choice. While registering for the test, students can select up to four colleges to receive their test scores. To avoid paying to send your scores at a later date, please ensure that you have selected four colleges of your choice at the time of registration. The score that juniors earn on the April 7 test can be used for college reporting.

<u>Test Preparation:</u> Visit the SHS counseling office to learn more about ACT preparation materials and resources available to you!

<u>Support for Parents/Students who apply for Financial</u> <u>Aid</u>

Financial aid makes up the difference between what college costs and what a family can afford to pay. Approximately two-thirds of full-time undergraduate college students receive some sort of financial aid.

Three main types of financial aid:

- Loans that have to be repaid
- Grants and scholarships that don't have to be repaid
- Employment programs, such as work-study, that allow students to earn money and gain job experience while still in school

Below you will find several web resources that will assist in navigating the financial aid application process.

URL to Website	Summary of Resource			
https://studentaid.ed.gov	The Federal Student Aid website is a good starting place for students plannin for college and looking for financial aid.			
https://fafsa.ed.gov	The fafsa.ed.gov website takes students line-by-line through the financial aid application process.			
http://www2.ed.gov/finaid/ landing.jhtml	This is a U.S. Department of Education website devoted to financial aid. There are several useful links at this URL that will assist students/parents.			
https://www.khanacademy .org/college-admissions/ paying-for-college/financial- aid-process/v/overview-of- fafsa-and-css-profile	This is a KHAN Academy video overview of FAFSA and the CSS profile. This is a great place to start for those just trying to understand the basics of financial aid.			
https://www.khanacademy .org/college-admissions/ paying-for-college/financial- aid-process/a/fafsa- walkthrough	This is a video series created by KHAN Academy that will walk those watching through the eight steps of applying for financial aid: account setup; student demographics; school selection; dependency status; parent demographics; parent financial information; student financial information; sign and submit. Each of the eight parts has a short video clip explaining the various steps in detail.			

Helping your student plan for the future

You play a critical role in helping your student to understand the various options available to them after high school. The list of suggestions below comes from EducationQuest and is designed to support parents and mentors as they help to guide their students towards the "right" postsecondary fit.

- Talk to your student about his or her interests, abilities, talents, and goals.
- Know what is going on in school and with your student's studies.
- Make sure you student is in school every day, on time, and ready to learn.
- Give your student responsibilities around home.
- Talk about education opportunities beyond high school, including college, trade school, community college, military service, apprenticeships, and specialized programs.
- Learn about the courses available at Seward High School and be involved when your son and/or daughter make these selections during the course registration process.
- Talk about your job/career.
- Let your student know every day that you care about what happens to him or her.



It's never too early to start researching colleges

Nebraska has nearly 60 four-year colleges, community colleges, and trade schools. Understanding this wide-array of opportunities can sometimes be overwhelming. Below is information from EducationQuest summarizing some of the possible career opportunities associated with each type of post-secondary pathway.

Universities and Colleges (four-year) offer bachelor degrees in a variety of majors. Many also offer advanced degrees such as master and doctorate level degrees.

<u>Examples of Potential Careers:</u> Accountant, Computer Systems Analyst, Dietitian, Engineer, Graphic Designer, Insurance Agent, Investment Banker, Journalist, and Teacher. *Community Colleges* (two-year) offer certificates, diplomas and associate degrees in a variety of programs. Courses taken in an academic transfer program will transfer to most four-year colleges.

Examples of Potential Careers: Automotive Technician, Aviation Mechanic, Dental Assistant, Emergency Medical Technician, Heating and Air Conditioning Technician, Licensed Practical Nurse and Plumber.

Private Career Schools (trade schools) – specialize in fields or trades such as technology, business or cosmetology. Most award diplomas or certificates that are completed in a short period of time.

Examples of Potential Careers: Administrative Assistant, Computer Systems Technician, Cosmetologist, Court Reporter, Massage Therapist, Medical Assistant, and Veterinary Technician.

It's never too early to start investigating the various post-secondary possibilities. For details about colleges in Nebraska and across the United States, see College Profiles at KnowHow2GONebraska.org. Parents and mentors should also consider the following suggestions to help identify the right postsecondary fit for their student:

- Visit college websites with your student to learn about various options.
- Attend activities with your student at area colleges. These might include sporting events and athletic or band camps. This will help you understand the size and "feel" of the colleges.
- Encourage your student to participate in group campus visits organized at the high school. Take the opportunity to learn about the programs offered by area colleges.
- If you're traveling as a family, stop at some colleges along the way to learn about options farther from home.
- Encourage your student to start scheduling college visits as a sophomore or junior. Contacting the admissions offices at each school can do this. It is also wise to attend college fairs in your area.



www.EducationQuest.org

Band Notes

Concert band season is now underway! Our bands perform numerous times in the spring semester, so please make note of the following performance dates:

- Monday, March 2, 7:00pm- 3rd quarter concert (date change from original schedule), all ensembles
- **Thursday, April 23** Jazz Band and piano solos at District Music Contest (Norris)
- Friday, April 24- Symphonic Band and Wind Ensemble, solos and small groups at District Music Contest (Norris)
- Wednesday, April 29, 7:00pm- 4th quarter concert (date change from original schedule), all ensembles
- Sunday, May 10- Symphonic Band at graduation

Please visit with your band member about performing a solo or in a small group at District Music contest. This is a great way to further individual musicianship!

Did you know that members of the SHS Marching Band will be performing in the Peach Bowl parade and pre-game show in Atlanta, GA, on January 1, 2021? This is an exciting opportunity for band members to experience a large performance venue as well as visit another part of our country. Students MUST be enrolled in marching band for the fall of 2020 to be eligible. If your student is not currently signed up, but would like to attend, please contact Mrs. Kenney. In order to help with costs, the band will be hosting a **shoe drive** in February and March. Any size and type of new or gently used (no holes/tears) shoes will be accepted and can be brought to drop off boxes at school. Please save your shoes that you no longer need and help us go to Atlanta!

Seward High Counseling Center Communication

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Phone:	402.643.2988
Email:	A-K Kevin Fields kevin.fields@sewardschools.org
	L-Z Noelle Baker noelle.baker@sewardschools.org
Website:	https://sewardhighcounseling.wordpress.com
Instagram:	sewardhighcounseling
Twitter:	SewardHighCounseling@SHCounselors
Facebook:	Seward High School Counseling Center
eBackpack:	Class of 2020, Class of 2021, Class of 2022, Class of 2023

Staying Connected with Seward High School:

Building/District Website: www.sewardpublicschools.org Facebook: http://www.facebook.com/sewardpublicschools Twitter Athletic Updates: @SewardBlueJays Activity Calendar: www.centralconference.org Staff Email: firstname.lastname@sewardschools.org





Note: The actual times, dates and locations of the events listed below are subject to change at any time based upon a wide array of variables. Please continue to check <u>www.centralconference.org</u> on a regular basis for the most up-to-date school calendar and event information.

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
			1 WVAC-	2 WVAC- 6:15pm-8:30pm Club Wrestling- @ SHS Wrestling room	3 Professional Development Day - No Students-	4 8:30am-10:00am Youth Basketball Clinic- @ Multiple locations 9:00am BB-G/9th Beatrice 10:30am BB-B/9th Beatrice
5	6 School resumes- 5:30pm BB-G/9th Crete 6:15pm-8:30pm Club Wrestling room 8:00pm-9:00pm Soccer- open workouts- @ SHS Old Gym	7 5:45pm BB-B/JV Columbus 5:45pm BB-G/Varsity Columbus 7:30pm BB-B/Varsity Columbus 7:30pm BB-G/JV Columbus	8 FFA Officers mtg-	9 FBLA Lunch Meeting- @ SHS 5:00pm BB-G/9th Waverly 6:15pm-8:30pm Club Wrestling- @ SHS Wrestling room 6:30pm BB-B/9th Waverly 8:00pm-9:00pm Soccer- open workouts- @ SHS Old Gym	10 FFA Lunch Meeting- 4:00pm WR-JV Ashland-Greenwood 4:00pm WR-Varsity Ashland-Greenwood vs. TBD BB-JV Rescheduled to 01-11-20 BB-JV Rescheduled to 01-11-20 BB-Varsity Rescheduled to 01- 11-20 BB-Varsity Rescheduled to 01- 11-20	11 Speech-Meet- (Cancelled) @ Fairbury Midwest Cup Show Choir- 8:30am-10:00am Youth Basketball Clinic- @ Multiple locations 11:00am BB-G/JV (Rescheduled from 01-10-20) Beatrice 12:30pm BB- G/Varsity (Rescheduled from 01-10-20) Beatrice 2:00pm BB-B/Varsity (Rescheduled from 01-10-20) Beatrice 2:00pm BB-B/Varsity (Rescheduled from 01-10-20) Beatrice
12	12:00pm-3:50pm Academic Decathlon- 6:00pm BB-G/9th York 6:15pm-8:30pm Club Wrestling- @ SHS Wrestling room 7:30pm BB-B/9th York 8:00pm-9:00pm Soccer- open workouts- @ SHS Old Gym	1:00pm-5:30pm Academic Decathlon- @ SHS Library 5:30pm WR-Varsity Wilber-Clatonia vs. Multiple Schools 5:30pm WR-JV Wilber- Clatonia vs. Multiple Schools 6:15pm-8:30pm Club Wrestling- @ SHS Wrestling room	7:00pm-8:00pm Post Prom Meeting- @ SHS West Cafeteria	BB-9th (Cancelled) 6:00pm BB-B/9th Wahoo 6:00pm WR-JV GI Northwest 6:00pm WR-Varsity GI Northwest 8:00pm-9:00pm Soccer- open gym- @ SES Gym	BB JV Rescheduled to 02-08-20- BB JV Rescheduled to 02-08-20- BB Varsity Rescheduled to 02-08-20- BB Varsity Rescheduled to 02-08-20	18 Swing Choir to Pleasant Hill, Missouri- (Cancelled)- 8:00am Speech Meet- @ Raymond Central High School 8:30am-10:00am Youth Basketball Clinic- @ Multiple locations 10:00am WR-Varsity Nebraska City vs. TBD 10:00am-3:00pm Academic Decathlon- Bellevue East 2:00pm BB-B/JV Waverly 2:00pm BB-G/JV Waverly 3:45pm BB-G/Varsity Waverly S:30pm BB-B/Varsity Waverly
19	200 UNK Honor Band Clinic- @ UNK 6:00pm BB-B/9th Bishop Neumann BD 5th (Cancelled) 6:15pm-8:30pm Club Wrestling room 7:00pm 5-7 winter band concert- Band concert- Soccer- open workouts- @ SHS Old Gym	21 4:30pm BB-G/JV Crete 4:30pm BB-B/JV Crete 6:00pm BB-G/Varsity Crete 7:30pm BB-B/Varsity Crete	22	23 5:30pm-7:00pm Boys Basketball Team Meal- @ SHS West Cafeteria 6:15pm-8:30pm Club Wrestling- @ SHS Wrestling room WR-JV-(Cancelled)- WR Varsity (Postponed) 8:00pm-9:00pm Seccer- open workouts- (Cancelled) @ SHS Old Gym	24 No Elementary Schol 7:30am-8:00am HS Honor Roll Breakfast- @ SHS Cafeteria 8:30am-4:00pm FCCLA District 2 STAR- @ SES Seward Elementary School 4:30pm BB-G/JV Aurora 4:30pm BB-B/JV Aurora 6:00pm BB-G/Varsity Aurora 7:30pm BB-B/Varsity Aurora	25 8:00am Speech Meet- @ Concordia University 8:30am-10:00am Youth Basketball Clinic- @ Multiple locations 9:00am BB-6/9th Raymond Central 9:30am WR-Varsity Plattsmouth vs. TBD 10:00am WR-JV Centennial Junior- Senior BD-9th (Cancelled)
26 10:00am-4:00pm All- American Wrestling Classic- @ SHS New Gym	27 TBD BB-B/Varsity TBA vs. TBD UNK Honor Band Clinic- @ UNK TBD BB-G/Varsity TBD vs. TBA 5:00pm BB-G/9th Aurora 6:15pm-8:30pm Club Wrestling - @ SHS Wrestling room 6:30pm BB-B/9th Aurora 6:30pm BB-B/9th Aurora 6:45pm-7:30pm 10th Parent/Guardian Meeting- @ SHS New Theater 8:00pm-9:00pm soccer- open gym- @ SES Gym	28 4:30pm BB-B/8th Seward Middle School vs. Columbus Middle 4:30pm BB-B/7th Columbus Middle vs. Seward Middle School 6:00pm BB-G/Varsity York 6:15pm-8:30pm Club Wrestling room 7:45pm BB-B/Varsity GI Northwest	29	30 TBD BB-B/Varsity GI Northwest 5:30pm WR-Varsity Seward vs. Multiple Schools 6:30pm BB-B/8th Lakeview vs. Seward Middle School 8:00pm-9:00pm soccer- open gym- @ SES Gym	31 Heartland Festival Choir- TBD BB-G/Varsity Northwest	

February 2020

Note: The actual times, dates and locations of the events listed below are subject to change at any time based upon a wide array of variables. Please continue to check <u>www.centralconference.org</u> on a regular basis for the most up-to-date school calendar and event information.

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
						1 TBD BB-B/Varsity GI Northwest Seward Showcase Youth Basketball Tournament- @ Multiple locations TBD BB-G/Varsity Northwest 9:00am WR-Varsity Lexington vs. Multiple Schools
2 Seward Showcase Youth Basketball Tournament- @ Multiple locations	Soccer- open workouts- @ SHS Old Gym	4:30pm BB-B/8th Seward Middle School vs. York Middle School 4:30pm BB-B/7th York Middle School vs. Seward Middle School 6:15pm-8:30pm Club Wrestling-@ SHS Wrestling room 6:15pm BB-B/JV Lakeview 6:15pm BB-G/Varsity Lakeview 8:00pm BB-G/JV Lakeview 8:00pm BB-B/Varsity Lakeview	5	Show Choir- @ University of Nebraska- Omaha BB-7th (Concelled) 4:00pm WR-JV York BB-8th (Cancelled) 6:15pm-8:30pm Club Wrestling - @ SHS Wrestling room 6:30pm WR-Varsity (Rescheduled from 01- 23-20) Schuyler Community 8:00pm-9:00pm Soccer- open workouts- @ SHS Old Gym	7 TBD WR-JV Fairbury 1:30pm WR-Varsity Fairbury 4:30pm BB-B/JV Blair 4:30pm BB-G/JV Blair 6:00pm BB-G/Varsity Blair 7:30pm BB-B/Varsity Blair	8 FCCLA District 2 STAR- © SHS Swing Choir © NWMS- 8:00am Speech Meet- © Crete 8:00am-12:00pm ACT Test Date- 8:30am BB-G/9th Seward vs. Multiple Schools 6:00pm BB-G/Varsity (Rescheduled from 01- 17-20) Schuyler Community 7:30pm BB-B/JV (Rescheduled from 01- 17-20) Schuyler Community 7:30pm BB-G/JV (Rescheduled from 01- 17-20) Schuyler Community 7:30pm BB-B/Varsity (Rescheduled from 01- 17-20) Schuyler Community 7:30pm BB-B/Varsity (Rescheduled from 01- 17-20) Schuyler Community
9 10:00am-5:00pm Club Wrestling Tournament- @ SHS New Gym	10 6:00pm BB-G/9th Seward vs. Multiple Schools 6:30pm BB-B/9th Schuyler Community 8:00pm-9:00pm soccer- open gym- @ SES Gym	11 Show Choir- @ Central City 4:00pm BB-B/8th Schuyler Middle School vs. Seward Middle School 4:00pm BB-B/7th Schoul vs. Seward Middle School 4:00pm BB-B/Niddle School Schuyler Community vs. Seward Middle School 4:30pm BB-B/7th Seward Middle School vs. Multiple Schools 4:30pm BB-B/7th Seward Middle School vs. Multiple Schools 4:30pm BB-B/7th Seward Middle School vs. Multiple Schools 6:00pm BB-6/Varsity Fairbury 5:30pm BB-B/3th Seward Middle School vs. Multiple Schools 6:00pm BB-G/Varsity Fairbury 6:15pm-8:30pm Club Wrestling room 7:30pm BB-B/Varsity Fairbury	12 7:00pm Booster Club mtg-	13 8:30am-2:30pm Multicultural Fair- @ Harvest Hall 4:00pm BB-B/7th Crete MS vs. Seward Middle School 4:30pm BB-B/7th Seward Middle School vs. Multiple Schools 5:30pm BB-B/8th Seward Middle School vs. Multiple Schools 6:15pm-8:30pm Club Wrestling- @ SHS Wrestling- @ SHS Wrestling- oom 8:00pm-9:00pm Soccer- open workouts- @ SHS Old Gym	6:00pm BB-G/Varsity York 7:30pm BB-B/Varsity	15 SBO WR-Varsity TBA S:00am Speech Meet @ David City HS- 8:30am BB-B/9th Seward vs. Multiple Schools
16	17 TBD BB-G/Varsity TBD vs. Multiple Schools Professional Development Day - No Students- 4:00pm BB-B/8th Beatrice Middle vs. Seward Middle School 4:00pm BB-B/7th Beatrice Middle School 6:00pm BB-B/9th Seward vs. Multiple Schools 8:00pm-9:00pm soccer- open gym- @ SES Gym	18 TBD BB-G/Varsity TBD vs. Multiple Schools 4:00pm-8:00pm SMS PTC-grades 6-8- @ SMS 6:15pm-8:30pm Club Wrestling- @ SHS Wrestling room	19 FFA Officers mtg-	20 TBD WR-Varsity TBA 4:00pm BB-8/8th Aquinas Catholic vs. Seward Middle School 4:00pm BB-B/7th Aquinas Catholic vs. Seward Middle School 6:15pm-8:30pm Club Wrestling room 8:00pm-9:00pm Soccer- open gym- @ SES Gym	State ESU Quiz Bowl- Show Choir- @ Wahoo FFA Lunch Meeting-	22 State ESU Quiz Bowl- TBD WR-Varsity TBD TBD BB-G/Varsity TBD vs. TBD 8:00am Speech Meet @ Aquinas HS-
23	TBD BB-B/Varsity TBA vs. Multiple Schools 9:00am Conference Speech Meet- @ York 4:15pm BB-B/8th Westridge Middle vs.	TBD BB-B/Varsity TBA vs. Multiple Schools 4:30pm BB-B/8th Crete vs. Seward Middle School 4:30pm BB-B/7th Seward Middle School vs. Crete	26	5 27 6:15pm-8:30pm Club Wrestling- @ SHS Wrestling room 8:00pm-9:00pm soccer- open gym- @ SES Gym	28 4:00pm-6:00pm MS dodgeball tournament- @ SMS	3 29 TBD BB-B/Varsity TBD vs. TBD

March 2020

Note: The actual times, dates and locations of the events listed below are subject to change at any time based upon a wide array of variables. Please continue to check <u>www.centralconference.org</u> on a regular basis for the most up-to-date school calendar and event information.

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1	2 Elementary Planning Day - No Elementary Students- @ SES Seward Elementary School First Day Spring Sports Practices- 4:00pm-8:00pm SES PTC- @ SES Seward Elementary School 7:00pm 8th Grade & SHS Instrumental Music Program- @ SHS New Theater	3 4:00pm-8:00pm SES PTC- @ SES Seward Elementary School 6:15pm-8:30pm Club Wrestling- @ SHS Wrestling room 6:30pm-7:30pm HAL science Fair- @ SMS	4	5 TBD BB-G/Varsity vs. TBA 9:00am-10:00am PRIDE Rally- @ SHS New Theater 6:15pm-8:30pm Club Wrestling- @ SHS Wrestling room	NO SCHOOL @ SPS- Speech Meet- @ Malcolm TBD BB-G/Varsity vs.	7 TBD BB-G/Varsity TBA vs. TBD
8	9 Professional Development Day - No Students- 6:30pm Spring Sport Parent Meeting- @ SHS Little Theater	10 6:15pm-8:30pm Club Wrestling - @ SHS Wrestling room 7:00pm-10:00pm FBLA - Dodgeball tournament- @ SHS Gyms	11 FFA Officers mtg- 7:00pm Booster Club mtg-	12 TBD BB-B/Varsity TBA vs. TBA 6:15pm-8:30pm Club Wrestling- @ SHS Wrestling room	13 FFA Lunch Meeting- TBD BB-B/Varsity TBA vs. TBA End of 3rd quarter-	14 TBD BB-B/Varsity TBA vs. TBA 8:00am District Speech meet- @ Raymond Central High School
15	16 6:30pm Boys Basketball Team Banquet- @ The Rock Lutheran Church		18 FBLA Lunch Meeting- @ SHS	19 4:00pm TR-Varsity Concordia University 4:30pm SOC- B/Varsity Waverly 5:00pm BAS- B/Reserve Lincoln North Star 6:15pm-8:30pm Club Wrestling - @ SHS Wrestling room 6:30pm SOC-B/JV Waverly 7:00pm SOC-G/Varsity Waverly	20 4:30pm BAS-Varsity Columbus 6:30pm BAS-JV Columbus 7:00pm-9:00pm SHS Musical- @ SHS New Theater	21 8:00am-12:00pm Reading Classics - SMS- @ SMS 8:00am-12:00pm Reading Classic- @ SMS 11:00am SOC- G/Varsity Norris 11:00am SOC- B/Varsity Norris 11:00am BAS-Varsity Fairbury 1:00pm SOC-B/JV Norris 1:00pm BAS-JV Fairbury 1:00pm BAS-JV Fairbury 1:00pm BAS-B/Reserve Columbus 1:00pm SOC-G/JV Norris 7:00pm-9:00pm SHS Musical- @ SHS New Theater
22 2:00pm-4:00pm SHS Musical- @ SHS New Theater	Conference Honor Band- @ Grand Island 1:30pm-3:30pm 2nd Grade rehersal- @ SHS New Theater 4:30pm BAS-Varsity Norris	24 1:30pm-3:30pm 2nd Grade rehersal- @ SHS New Theater 4:00pm GOLF- B/Varsity Seward vs. Multiple Schools 6:15pm-8:30pm Club Wrestling room 7:00pm-8:00pm 2nd Grade Concert- @ SHS New Gym	25 8:15pm-2:15pm NEWA/ACT Prep Day-	26 4:30pm SOC-G/Varsity Auburn 4:30pm BAS-Varsity Wahoo 6:15pm-8:30pm Club Wrestling- @ SHS Wrestling room 6:30pm SOC-G/JV Auburn 6:30pm BAS-JV Wahoo	27 10:00am GOLF- B/Varsity Seward vs. Multiple Schools	28 9:30am TR-Varsity Fairbury 10:00am BAS- B/Reserve Norris
29 2:00pm-3:00pm NHS Induction- @ SHS New Theater	30 FBLA STATE LEADERSHIP CONFERENCE- @ Kearney 4:30pm BAS-Varsity Beatrice 6:30pm BAS-JV Beatrice	31 FBLA STATE LEADERSHIP CONFERENCE- @ Kearney 3:30pm TR-JV Beatrice 4:30pm BAS-Varsity Yutan 5:00pm SOC-6/JV Lincoln Lutheran 6:30pm SOC-6/JV Lincoln Lutheran 6:30pm BAS-JV Yutan 7:00pm Middle School Musical- @ SMS Cafeteria 8:00pm SOC-B/Varsity Lincoln Lutheran				