

SEWARD HIGH CROSS-COUNTRY MEET RECORDS
THE CHARLIE THORELL INVITATIONAL

MEN'S SCHOOL RECORDS

(+.20 seconds before 2009 for boys)

1. Tom Unger	17:05	2000
2. Jesse Prochaska	17:17	2003
3. Ethan Damman	17:36	2011
4. Tyler Hackbart	17:39	2007
5. Sam Petersen	17:42	2004
6. Josh Meyer	17:44	2005
7. Grant Vlasin	17:54	2009
8. Tyler Weatherholt	18:00	2006
9. J.P. Rech	18:02	2010
10. John Cahoon	18:11	2010
11. Jordan Powell	18:12	2003
12. Gavin Felix	18:18	2003
13. Erik Broderick	18:24	1999
14. Blaze Novak	18:26	2008
15. Robert Kuhlman	18:28	2006
16. Brandon Schmidt	18:29	2003
17. Mark Wilcox	18:33	2009
18. Shane Jackman	18:37	2000
19. Kelby Nitz	18:38	2000
20. Mitch Mueller	18:41	2001

WOMEN'S SCHOOL RECORDS

1. Kelsey Christensen	15:55	2010
2. Liz Damman	16:05	2009
3. Hanah Tvrdy	16:07	2009
4. Natasha Mueller	16:12	2009
5. Anna Meyer	16:15	2007
6. Shelbi Sloup	16:50	2010
7. Taylor Felix	17:00	2005
8. Marti Vlasin	17:09	2010
9. Taylor Seaman	17:10	2011
10. McKenzie Christensen	17:25	2010
11. Amy Jackman	17:27	2003
12. Kinzi Roth	17:28	2008
13. Lauren Wilcox	17:34	2010
14. Lauren Kongsjord	17:37	2007
15. Alyssa Mueller	17:51	2004
16. Jordan Seaman	17:54	2008
17. Bethany Dani	17:55	2004
18. Carrie Niemoth	17:57	2004
19. Rachel Ness	17:58	2005
20. Ashley Elwell	17:58	2005

Best Team Finishes

<u>Boys</u>	<u>Girls</u>
1 st -1998, 1999, 2011	1 st - 2009, 2010, 2011

Combined Team Trophy

2000	2002	2004	2007	2008	2009	2010	2011
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Individual Champions

Erick Broderick-1998, 1999 Tom Unger-2000 Liz Damman-2009 Kelsey Christensen-2010

Individual Runner-Ups

Taylor Felix - 2005	Anna Meyer - 2007	Natasha Mueller - 2008	Hannah Tvrdy-2009
Ethan Damman - 2011			