

The following is based on the most current research. Because people with COVID-19 have reported a wide range of symptoms – ranging from mild symptoms to severe illness, the following criteria has been developed to assist schools in identifying presumptive positive COVID-19 cases.

At least **one**: new cough, shortness of breath, difficulty breathing, loss of taste and smell

**OR**

Students with **two**: fever (measured or subjective), chills, cold/shivering, muscle pain, headache, sore throat, nausea, vomiting, diarrhea

Students who screen positive should be immediately isolated in the designated area and sent home as soon as possible. Require the symptomatic person to wear a surgical or procedure mask while waiting, if tolerable.

**Family Physician for diagnosis/care** - We understand it's alarming to have overlapping symptoms with COVID-19. Speak with your doctor to determine the best option.

**If COVID-19 testing is needed** there are 3 different testing options. The most appropriate testing will be determined by your doctor. The only test option for no symptoms (gray boxes below) is Test Nebraska.

**Rapid Test**-Results available same day. **Send Out Test**-Results available on average 1-3 days. **Test Nebraska**-Results available on average 1-3 days.

## Re-Admittance to School

### **Symptomatic student who tests positive:**

Exclude for:

- At least 10 days since symptoms first appeared

**AND:**

- At least 24 hours with no fever without fever-reducing medication

**AND:**

- Symptoms have improved

### **Symptomatic student not tested:**

Exclude for:

- At least 10 days since symptoms first appeared

**AND:**

- At least 24 hours with no fever without fever-reducing medication

**AND:**

- Symptoms have improved  
May return to school if a doctor establishes an alternative diagnosis and meets the school's requirements for readmission.

### **Symptomatic student who tests negative:**

Exclude until

- No fever for 24 hours (or meets the schools requirements for readmission)

**AND:**

- improved respiratory symptoms

### **No symptom\* student who tests positive:**

Exclude for:

At least 10 days from positive test

### **No symptom\* student in quarantine not tested:**

Exclude until:

- At least 10 days have passed since close contact exposure.
- No COVID-19 symptoms have developed.

MUST continue to self-monitor for symptoms, and wear a mask through day 14.

### **No symptom\* student in quarantine tests negative:**

Exclude 7 days if all are met:

- COVID-19 test on day five (5) following their exposure and their test is negative.
- not experiencing symptoms.

MUST continue to self-monitor for symptoms and wear a mask through day 14.

\* The only test option for no symptoms (gray boxes) is Test Nebraska.

There is no reason for a student to get a "negative test" to be cleared for return to school. A COVID-19 positive individual does not need a repeat COVID-19 test or a doctor's note to return. If a student tests positive for COVID-19, please call Four Corners Health Department at (402) 362-2621 or (877) 337-3573. *Revised 12.07.2020*