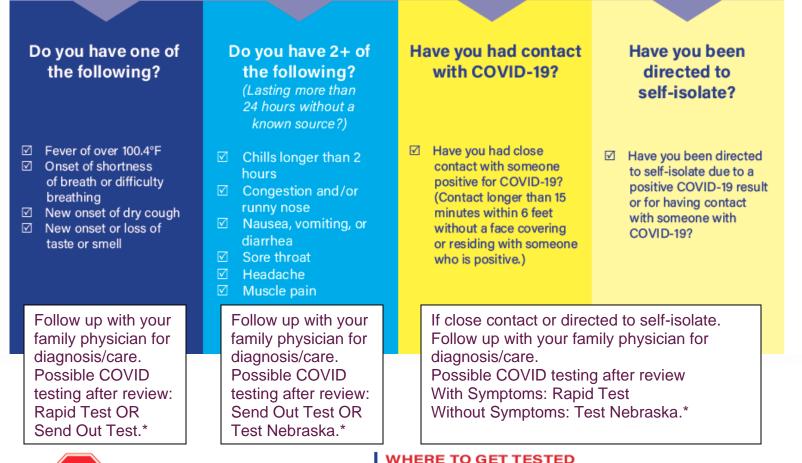
Self-Screening and available Options for Care

Every day ask yourself or your student the following screening questions PRIOR to entering any school building. The most appropriate diagnosis, care, and testing options will be determined upon your review with your health care provider.





If you answered YES to ANY of the above questions, DO NOT go to school. Get tested for COVID-19

SEWARD MEMORIAL HEALTH - www.mhcs.us/coronavirus BRYAN HEALTH - www.bryanhealth.com/coronavirus-clp CHI - www.chihealth.com/coronavirus TEST NEBRASKA - www.testnebraska.com/en

- *Family Physician for diagnosis/care We understand it's alarming to have overlapping symptoms with COVID-19. An in-person doctor's office visit can help us determine what's going on. Depending on your symptoms and health history, a virtual visit or telehealth visit may also be appropriate for you.
- If COVID-19 testing is needed there are 3 different testing options. <u>The most appropriate testing will be determined by your physician.</u> <u>The only test option for no symptoms is Test Nebraska.</u>
 - Rapid Test Results available same day.
 - Send Out Test Results available on average 1-3 days.
 - Test Nebraska Results available on average 1-3 days.