



Seward Public Schools **SELF-SCREENING**

Every day ask yourself or your student the following screening questions PRIOR to entering any SPS building.

Every Student. Every Day. A Success!

Do you have one of the following?

- Fever of over 100.4°F
- Onset of shortness of breath or difficulty breathing
- New onset of dry cough
- New onset or loss of taste or smell

Do you have 2+ of the following?

(Lasting more than 24 hours without a known source?)

- Chills longer than 2 hours
- Congestion and/or runny nose
- Nausea, vomiting, or diarrhea
- Sore throat
- Headache
- Muscle pain

Have you had contact with COVID-19?

- Have you had close contact with someone positive for COVID-19? (Contact longer than 15 minutes within 6 feet without a face covering or residing with someone who is positive.)

Have you been directed to self-isolate?

- Have you been directed to self-isolate due to a positive COVID-19 result or for having contact with someone with COVID-19?



If you answered **YES** to **ANY** of the above questions, **DO NOT** go to school.

Get tested for COVID-19

WHERE TO GET TESTED

SEWARD MEMORIAL HEALTH - www.mhcs.us/coronavirus

BRYAN HEALTH - www.bryanhealth.com/coronavirus-clp

CHI - www.chihealth.com/coronavirus

TEST NEBRASKA - www.testnebraska.com/en