



Bluejay News

Seward High School
July 2020

Every student, every day, a success!

Mission Statement: The school district of Seward --where every student, every day is a success -- affirms that all students will have the skills to become productive and contributing members of a global community. In cooperation with family and community members, the district is committed to the development of each student academically, emotionally, socially, and physically.

Welcome to the 2020-2021 School Year!

Dear Students and Parents (Guardians):

We are incredibly excited about starting another school year, and know that it promises to be filled with opportunities for all of our students as we strive to find ways that we can be even better than before! This will be a wonderful year of engaging, meaningful, and rigorous work in our classrooms, along with some fun and special times through a wide assortment of extracurricular clubs, activities, and events we offer and encourage our BlueJays to be involved here at Seward High School!

We are ready to continue to build upon our tradition of excellence in education. Our staff of highly qualified professional educators and support personnel is committed to providing our students many opportunities both inside and outside of the classroom for high caliber and quality learning, continual growth, leadership opportunities, and achievement at a high level of excellence! We look forward to a very positive and productive year together! We extend a special, year-long invitation to our parents/guardians to join us at school activities and events whenever you can!

Please do not hesitate to contact us if/when the need arises. We will do likewise. We want and encourage our parents to stay in the know about their child's studies, assignments, assessments, and school activities, as well as other events and happenings. We send out newsletters to parents and community patrons; however, we encourage you to stay connected with Seward High School in real time with one or all of the following:

Building/District Website: www.sewardschools.org
Facebook: <http://www.facebook.com/sewardpublicschools>
Twitter: <https://twitter.com/SewardBlueJays>
#sewardjays
Activity Calendar: www.centralconference.org
Staff Email: firstname.lastname@sewardschools.org

Again, we welcome you to Seward High School. It is, indeed, a place where opportunities abound! Here's to an AWESOME new school year as we work to make each day better than the one before with our commitment to BlueJay P.R.I.D.E.!

Sincerely,

Scott Axt, Principal

Jill Johnson, Assistant Principal

John Moody, Activities Director

Sports Clinics and Camps

As Directive Health Measures (DHM's) change, the NSAA continues to revise summer restrictions on activities. If your student plans to participate in band, football, volleyball, basketball, or softball please contact your head coach/sponsor if you have not received an updated schedule of events for July.

New Staff at SHS

Meet Trevor Menke:

Trevor Menke graduated from Beatrice High School in 2010. Mr. Menke and his wife, Traci, look forward to moving to the Seward area as he joins Seward High School as a social studies teacher and head boys basketball coach.

After high school, Menke attended the University of Nebraska, Lincoln, where he proudly donned a Husker basketball jersey from 2010-2015. Menke spent the last four years at Grand Island Northwest teaching social studies and serving as an assistant coach in basketball, golf and football. He has also led NBDA Nebraska Bison AAU teams, first as an assistant (2016-2017) then as head coach (2017-2020).

Seward High School Activities Director, John Moody feels like they hit a home run with the hiring of Coach Menke. "Mr. Menke comes highly-touted as a quality individual in the classroom and on the court. We look forward to him taking over the leadership of our boys basketball program."

Events in the High School Gymnasium

The only door for event entrance will be door #1 which is the main entrance on the South side of the building which leads into the main foyer. All other doors will be locked and will not be event entrances.

Senior Banners

Senior banners will once again brighten the main lobby of Seward High. The banners may be purchased from Sports Express through an online store. The web address and details will be published at a later date, stay tuned.



Freshmen and New Student Orientation

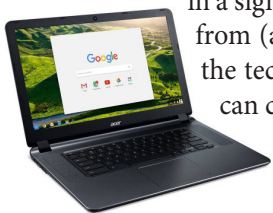
Seward High School will be hosting a freshman and new student orientation on Tuesday, August 11th at 7:00 p.m. in the new theater. (Doors will open at 6:30 if students want to arrive early to start getting their T-shirts, schedules, fill out paperwork etc. to beat the rush, and learn more about student activities (tables will be setup in the main gym for more information) Parents/guardians and students will have an opportunity to visit classrooms, meet teachers, find lockers, check out chromebooks and get acclimated with the building. Information will also be provided regarding schedules, school policies, college planning, activity tickets, the automated lunch program, school organizations, and other relevant school information. We encourage parents/guardians to come prepared to put money in your son and/or daughter's lunch account and to pay for activity tickets before school starts in order to avoid the rush on the first few days of school. This should be an exciting night to continue the journey of transitioning to high school.

First Day of School

The first day of school will be on Thursday, August 13. The schedule for the day will be a shortened bell schedule with an 8:15 a.m. start and a 1:30 p.m. end. Lunch will be served. Students will be given an information packet that includes health insurance forms, school lunch information, health history, student demographic update and other school related information. Completed forms from the information packet need to be returned to the high school office by Monday, August 17.

Chromebook Summer Distribution Plan

9th Grade and New Student Chromebooks will be checked out at Orientation on August 11. Students will need to turn in a signed handbook receipt and technology use form (available at the end of this newsletter) to the tech department or front office before they can check out a chromebook.



Picture Day

Student picture day will be held August 18 at 8:00am in the auditorium. Picture packets will be distributed to students on the first day of school. Please make school attendance on this day a priority.

2020-2021 Student Schedules/Schedule Changes

Students returning to Seward High School next year received a copy of their 2020-2021 schedule. The goal in providing this information early in the summer is to help make the transition into the new school year as smooth as possible. Please note that non-essential schedule changes such as trading one elective course for another, switching teachers, etc. will be limited and rare. Note: We do not allow schedule changes in Marching Band due to the creation of the show which is built and designed for a certain number of students. The show is designed shortly after school is out and students were to make any schedule changes in this area before school was out. The master schedule was built with the goal of accommodating the greatest percentage of our student schedule requests as possible. We also provided an opportunity for students to request course changes for next year, prior to the end of the 2019-2020 school year via zoom meetings. In short, extreme efforts have been taken on the front end of the schedule process so we can have a smooth start to the 2020-2021 school year. Please note that incoming 9th graders and new students will receive an official copy of their schedule at the Orientation on August 11, while all other students will receive an official copy of their schedule on the first day of the school year.

Counseling Website

Students and parents are encouraged to access the Seward High School counseling website at sewardhighcounseling.wordpress.com to obtain information regarding post-secondary planning, scholarships, course registration, and to obtain other valuable student/parent resources. This is an excellent resource that is updated on a regular basis. Watch for the new website information coming soon!



sewardhighcounseling.wordpress.com

Don't hide that...

Bluejay Pride!

Fall Sports Practice/Physicals/Fees

The first official day of practice for football, softball, girl's golf, cross country and volleyball is **Monday, August 10**. However, sports have voluntary workouts conditioning prior to the first practice. You are encouraged to contact the coach if you have not received information about summer opportunities. For a complete list of all forms needed to participate in athletics please go to www2.connectseward.org/edu/shs/index.html. Click on "Quick Links" and select "SHS 2020-2021 Parent Student Handbook". The "Seward High School Student And Parent Consent Form For Interscholastic Participation" and Nebraska School Activities Association ("NSAA") Student and Parent Consent Form must be turned in prior to the first competition. The "Preparticipation Physical Evaluation" forms will be filled out by your physician at the time of the athlete's physical. The Clearance Form must be returned to the High School office before the first practice. The parent code of conduct agreement form is optional for parents to sign and turn in to the athletic office (feel free to keep a copy for yourself).



Band

Even though we haven't played together since mid-March, our band has been working hard to prepare for the time when we can safely meet and play together again. There has been a lot of work by our leadership team and small groups to start learning about our planned show- the music of Billy Joel! This high energy music features themes from six Billy Joel songs: My Life, Only the Good Die Young, Pressure, Just the Way You Are, We Didn't Start the Fire, and of course, Piano Man. Our color guard was able to meet four mornings in June, and during this time the group learned all of their choreography for our fall show! Our percussion sections have also been having Zoom meetings to prepare. Finally, we were able to get together in small groups the week of June 29. Even though we weren't preparing to march in the 4th of July parade, we were able to work on marching fundamentals and look through our show music. This will be very helpful as we prepare for the fall. Band camp is still scheduled for the week of July 27-31, and any updates as conditions warrant will be sent by email. If you aren't currently receiving band emails, please contact Mrs. Kenney at amanda.kenney@sewardschools.org to be added to the list. Finally, we would like to say a big THANK YOU to the community for your support of our shoe drive for our band trip. We were able to collect over 120 bags of shoes, which is over 3000 pairs of shoes! These shoes will be sent to micro enterprises in developing countries, where people will sell them to improve their quality of life. Even with our current challenges, we are looking forward to all that 2020-21 will bring for our band program!

Fall Sports Contacts

- Softball:** For more information contact Rich Eber at rich.eber@sewardschools.org
- Football:** For more information contact Jamie Opfer at (402) 643-4676 or jamie.opfer@sewardschools.org
- Volleyball:** For more information contact Tom Pallas at tom.pallas@sewardschools.org
- Cross Country:** For more information contact Kurt Holliday at kurt.holliday@sewardschools.org
- Girls Golf:** For more information contact Jim Placke at jim.placke@sewardschools.org
- Summer Weight Room Hours:** You must contact your coach to be assigned a group and time to utilize the weight room.



MobileServ to Help Track Community Service Hours

At Seward High School, we believe each student should aspire toward personal excellence and responsible citizenship with community and family support. We believe that together families, schools, and community can prepare students to develop life skills and achieve academic success. Starting in the 2020-21 school year, students will be able to utilize the MobileServe app to record and track their hours, which will be verified and approved by administration.

Students will be encouraged to complete at least 5 hours of community service each calendar year (August 1 - July 31) and required (per Board Policy 6006) to complete 30 hours of community service as a graduation requirement (August 1 of freshman year - December 15 of senior year). As always, the majority of hours must be served in Seward County communities; hours to be served outside of Seward County must be pre-approved by administration. This system to enhance student learning will connect community and school to support the development of servant leaders.



Class of 2020 - What can you do this summer to prepare for post-secondary education/training?



- **Start narrowing your college choices** to three or four schools. Visit some college campuses this summer and check out college websites. Take advantage of the new virtual campus visit options! Request information and make direct contact with Admissions staff.
- **Update your PLP (Personal Learning Plan)** on your Google Drive. Update your graduation requirements. Include extracurricular activities, honors, awards and part-time jobs. Complete your community service hours to include on your resume and turn in the form.
- **Preparing for the ACT / SAT** is a great plan so you don't suffer from summer brain drain. We offer the test in October and December.
- **Look for scholarships.** Check out ScholarshipQuest, which has over 2,000 local and statewide scholarships. Log-on and create or open your account (you made one if you have taken Personal Finance). Also, pay attention to scholarships current seniors have received. Visit the EducationQuest blog for more suggestions: <http://www.educationquest.org/blog/calling-juniors-start-looking-scholarships/#!mostrecent>
- **Familiarize yourself with sewardhighcounseling.wordpress.com** so you know where to find information and applications your senior year.
- **Create a family calendar to include senior deadlines.** Include ACT test dates, senior parent/guardian meeting, yearbook senior picture deadline, yearbook baby picture ad deadline, scholarship deadlines, Honors Night, graduation practice, graduation, etc.
- **Commit to a summer job shadow.** This is a great opportunity to solidify or modify your fifth year plan and you don't miss school. Need help with making contact? Email your school counselor.
- **Find a summer job** to help pay for college expenses. Ask prospective employers if they offer education assistance programs. A summer job shows responsibility and the ability to work well with others.

Dress Code Reminder

The purpose of the dress code is to give students a safe, orderly, and distraction-free environment. Managing the dress code in a positive way requires cooperation between students, parents, and the school. Therefore, the information below is intended to be a pro-active reminder before you begin any back-to-school shopping. The items below have all been deemed inappropriate. The list is not all-inclusive and focuses mostly on the items that tend to require the greatest need for a reminder when returning to school from the summer months.

- a. Clothing or jewelry that is gang related;
- b. Clothing that shows an inappropriate amount of bare skin or underwear (such as shorts and skirts of a length that pose a disruption to the environment of the school, midriffs, spaghetti straps, excessively torn attire, sagging pants or shorts that are worn below the waist, school dress that exposes undergarments such as bras, underwear, etc.);
- c. Clothing that is excessively tight fitting or revealing;
- d. Clothing or jewelry that advertises, promotes or makes reference to beer, alcohol, tobacco or illegal drugs;
- e. Clothing or jewelry that could be used as a weapon, vandalism or that would encourage "horseplay" or not needed in the school building (such as but not limited to chains, trucker wallets, rings, spiked apparel, pliers/tools);
- f. Head wear including hats, caps, hoods, sunglasses, bandanas and scarves; **(Students are to remove hats when entering the building and hats should be placed in school lockers for the duration of the school day and worn after the student leaves the building.)**
- g. Clothing, tattoos or jewelry that displays indecent writing, pictures, slogans, nudity, makes sexual references or carries double meanings and/or creates a distraction at school;
- h. Excessive makeup that causes an unnecessary distraction;
- i. Health laws require that shoes be worn at all times while at school;
- j. No blankets in the classrooms.
- k. **No backpacks or bags in the classroom, theaters, ban-droom or cafeteria without administrative approval. All bags need to be placed in assigned school locker. This includes 5th period.**

PLEASE NOTE: *The Dress Code requirements are subject to change in regard to Health guidelines, for example the use of masks in the building. *All masks will need to be school appropriate in accordance with above dress code policies.*



Cellphones and other electronics at school that can be a learning distraction in the classroom

Cell phone, earbuds, headphones and other electronic communication devices may be used before school, after school, and during school hours during passing periods and at lunch. (Due to safety, all students are required to have one ear open and free of earbuds/headphones during these approved time periods to be able to hear alarms and instructions.) Cell phones and other electronic communication devices may not be used or worn during instructional time unless the classroom teacher has given permission and should be placed in the classroom designated area or kept in the students locker. The use of these devices during instructional time will be subject to the following consequences:



- 1st Offense: Phone/Headphones/Electronic devices brought to the office and parent must come to school and claim. One ½ hour detention assigned.
- 2nd Offense: Phone/Headphones/Electronic devices brought to the office and student must serve one hour detention. Parent must come to the office and claim.
- 3rd Offense: Phone/Headphones/Electronic devices brought to the office and student serves one day of in-school or out-of-school suspension. Parent must come to school and claim.
- 4th and each subsequent offense: Phone/Headphones/Electronic devices brought to the office and student serves three-day out-of-school suspension. Parent must come to school and claim.

Attendance, Academics, and Athletic/Activity Participation

With the fall activities season on the horizon, a list of reminders has been provided below in an effort to be proactive regarding the policies of Seward High School. Please contact the school if you have questions or a unique situation you would like to discuss.

1. Students must be passing all of their classes to participate in an athletic contest or school activity event. Students who are not eligible may not ride the team/organization bus to away events.
2. Students must be in school all day in order to participate in an activity that afternoon or evening. Staying home in the morning to rest because they are not feeling well and returning to school late morning or early afternoon does not allow a student to play that day.
3. Students who are slated to be absent for a school activity are encouraged to alert their teachers ahead of time and get work before they leave whenever possible.
4. An effort should be made to make all non-essential appointments outside of the school day whenever possible (i.e. haircut, etc.). Students attending regular appointments for medical reasons, therapy, and other important/required reasons are encouraged to vary the time of these appointments whenever possible in order to reduce the academic impact a student experiences with any one class within their schedule.
5. Please ask for a note from your provider when attending medical appointments during the school day and please bring this note to Mrs. Carmen Johnson in the high school office. Medically Documented or Court Documented absences DO NOT count toward the five day attendance limit for each term.

Have Seward PRIDE while cheering on the Bluejays

With the start of the 2020-2021 school year we also have the beginning of the fall sports and activity season. We should all take great pride in the fact that we have a top-notch activity program at Seward High School. Our student-athletes and coaches compete with a great deal of pride, integrity, fairness, and respect. All of these are bedrock principles of good sportsmanship.

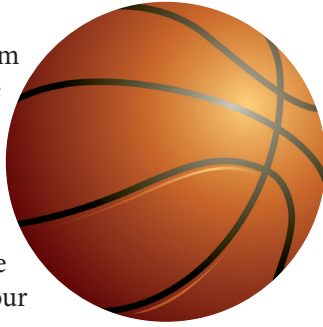
Competition, especially at the high school level, must be healthy and productive. We must encourage our students to pursue their fullest potential through hard work, by being perseverant, and by learning how to win or lose with dignity and class. As a fan of Seward High School it is also important that you demonstrate these same qualities associated with good sportsmanship. You can do so by cheering positively for our team(s), by understanding that not all calls by those officiating the competition will go as we see them from the stands, and by remembering that high school athletics isn't just about winning and losing. Our actions on and off the field will leave a lasting impression with our student-athletes; with the communities/schools we compete against, and amongst the younger fans cheering right alongside us in the stands. Let's hold each other accountable to represent our school, community, and student-athletes the right way.



New Coaching Staff at SHS

Meet Beth Bohuslavsky:

Beth Bohuslavsky graduated from Seward High School in 2012. She will return to her alma mater this fall as a third grade teacher and head girls basketball coach. During her time as Seward High School's point guard from 2009-2012, she helped amass a 101-0 record and four state titles.



After high school, Bohuslavsky went on to play at Fort Hays State University (Kansas) where she won 99 games from 2013-2016 and received all-conference honors. After graduation, she became a graduate assistant, and later got a job teaching at the local high school where she coached the freshman team for two years.

Bohuslavsky spent the last two years at David City: one as an assistant and this last year as the head girls basketball coach. In her first year at the helm, she nearly doubled the win total from the previous year.

Seward High School Activities Director, John Moody relishes the opportunity to work with his former star softball player in a new capacity. "Simply put, she's a winner. I know that Coach Bohuslavsky will bring that winning attitude and culture to our girls basketball program."

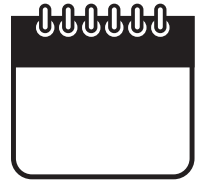
Demographic Information Updates

It is important to notify the high school office at 402-643-2988 of any demographic information changes such as your mailing address, home/work/cell phone numbers, email, emergency contacts, etc. as soon as possible. Having this information correct will help all of us at Seward High School to communicate with you on a regular basis regarding the progress of your student and/or any updates over the summer.

Class Period	Time
1st Period	8:15-9:45 1A: 8:15-8:59 1B: 9:01-9:45
2nd Period	9:49-11:17
3rd Period	11:17-1:17 (included lunch)
4th Period	1:21-2:49
5th Period	2:53-3:37

Important Dates

- **August 10:** First official day of fall sports practice
- **August 11:** Freshmen and New Student Orientation
- **August 13:** First Day of School, early dismissal at 1:30 p.m.
- **August 18:** SHS Picture Day



Seward High Counseling Center Communication

Phone: 402.643.2988
Email: A-K Kevin Fields kevin.fields@sewardschools.org
L-Z Noelle Baker noelle.baker@sewardschools.org
Website: <https://sewardhighcounseling.wordpress.com>
Instagram: [sewardhighcounseling](https://www.instagram.com/sewardhighcounseling)
Twitter: [SewardHighCounseling@SHCounselors](https://twitter.com/SewardHighCounseling@SHCounselors)
Facebook: Seward High School Counseling Center
eBackpack: Class of 2021, Class of 2022, Class of 2023, Class of 2024

Staying Connected with Seward High School:

Building/District Website: www.sewardpublicschools.org
Facebook: <http://www.facebook.com/sewardpublicschools>
Twitter Athletic Updates: @SewardBlueJays
Activity Calendar: www.centralconference.org
Staff Email: firstname.lastname@sewardschools.org



Receipt of Student-Parent Handbook

The Student-Parent Handbook of Seward High School is available on the internet at www.sewardpublicschools.org

Because of the expense of printing the handbooks, we are asking that you consider using the internet to access and review the 2020-2021 Student Parent Handbook. Using the internet to access the handbook will allow the district to direct printing dollars to instructional needs and eliminate the need for you to search for your handbook when you have questions throughout the year.

- Thank you for providing the 2020-2021 Student-Parent Handbook online. I will review it on the internet. My signed receipt below acknowledges receipt of the Handbook in a satisfactory manner via the internet.**

- I prefer a paper copy of the Handbook.**

Name

This signed receipt acknowledges receipt of the 2020-2021 Student-Parent Handbook of Seward High School. It is understood that the handbook contains student conduct and discipline rules information about Safe and Drug-Free Schools, 1:1 Chrome Initiative and Extracurricular Activities and that the undersigned, as student, agrees to follow such conduct and discipline rules. This receipt also serves to acknowledge that it is understood that the District's policies of non-discrimination and equity, and that specific complaint and grievance procedures exist in the handbook which should be used to respond to harassment or discrimination.

Parent Signature: _____ Print Name: _____

Student Signature: _____ Print Name: _____

Date: _____

Chromebook Loan Agreement/Acceptable Use Form

Parent Responsibilities

Your son/daughter has been issued a Chromebook to improve and personalize his/her education this year. It is essential the following guidelines be followed to ensure the safe, efficient, and ethical operation of this Chromebook.

- I will supervise my sons/daughters use of the Chromebook at home.
- I will discuss our family values and expectations regarding use of the Internet and email at home and will supervise my sons/daughters use of the Internet and email.
- I will not attempt to repair or alter the Chromebook.
- I will report to the school any problems with the Chromebook.
- I understand if my son/daughter comes to school without his/her Chromebook, they will be held accountable according to the student handbook.
- I agree to make sure the Chromebook is returned to the school when requested and upon my sons/ daughters withdrawal from Seward Public Schools.
- I have read and understand the expectations related to the Chromebook 1-to-1 learning initiative in the Seward High School Student/Parent Handbook.

Student Responsibilities

Your chromebook is an important learning tool and is for educational purposes only. In order to take your Chromebook home each day, you must be willing to accept the following responsibilities:

- When using the Chromebook at home, at school, and anywhere else I may take it, I will follow the policies and student handbook of the Seward Public Schools and abide by all local, state, and federal laws.
- I will treat the Chromebook with care by not dropping it, getting it wet, leaving it outdoors, or using it with food or drink nearby.
- My Chromebook is my responsibility and I will properly care for it at all times.
- I will not load inappropriate material on the Chromebook.
- I will honor my family values when using the Chromebook.
- I will not give personal information when using the Chromebook.
- I will bring the Chromebook to school every day with the battery fully charged.
- I agree email (school), or any other Chromebook communication should be used only for appropriate, legitimate, and responsible communication.
- I will keep all accounts and passwords assigned to me secure, and will not share these with any other students.
- I will clean my Chromebook using only appropriate cleaning solution suggested by the school tech department.
- I will return the Chromebook when requested and upon my withdrawal from Seward Public Schools.
- I will keep the Chromebook in its protective case at all times.
- I have read and understand the expectations related to the Chromebook 1-to-1 learning initiative in the Seward High School Student/Parent Handbook.

Seward Public Schools is NOT RESPONSIBLE, NOR LIABLE for and disclaims any liability arising from any injury or damage caused by or stemming from unauthorized access to the network, inappropriate use of unauthorized or authorized use of the network. The student and the student's parents/guardians, by submitting to the Acceptable Use Policy through your signature, agree to waive Seward Public Schools from any liability for physical or emotional harm or damage to a student that is caused by or related to the inappropriate use of technology.

By signing this form, you are agreeing to this Chromebook Loan Agreement and Acceptable Use Form.

Parent Signature: _____ Print Name: _____

Student Signature: _____ Print Name: _____

Date: _____

To be completed for students participating in all NSAA activities.



Nebraska School Activities Association ("NSAA") Student and Parent Consent Form

School Year: 20__-20__ Member School: _____

Name of Student: _____

Date of Birth: _____ Place of Birth: _____

The undersigned(s) are the Student and the parent(s), guardian(s), or person(s) in charge of the above named Student and are collectively referred to as "Parent".

The Parent and Student hereby:

- (1) Understand and agree that participation in NSAA sponsored activities is voluntary on the part of the Student and is a privilege;
- (2) Understand and agree that (a) by this Consent Form the NSAA has provided to the Parent and Student of the existence of potential dangers associated with athletic participation; (b) participation in any athletic activity may involve injury of some type; (c) the severity of such injury can range from minor cuts, bruises, sprains, and muscle strains to more serious injuries to the body's bones, joints, ligaments, tendons, or muscles, to catastrophic injuries to the head, neck and spinal cord, and on rare occasions, injuries so severe as to result in total disability, paralysis and death; and, (d) even the best coaching, the use of the best protective equipment and strict observance of rules, injuries are still a possibility;
- (3) Consent and agree to participation of the Student in NSAA activities subject to all NSAA by-laws and rules interpretations for participation in NSAA sponsored activities, and the activities rules of the NSAA member school for which the Student is participating;
- (4) Consent and agree to (a) the disclosure by the Member School at which the Student is enrolled to the NSAA, and subsequent disclosure by the NSAA, of information regarding the Student, including the student's name, address, telephone listing, electronic mail address, photograph, date of and place of birth, major fields of study, dates of attendance, grade level, enrollment status (e.g., full-time or part-time), participation in officially recognized activities and sports, weight and height as a member of athletic teams, degrees, honors and awards received, statistics regarding performance, records or documentation related to eligibility for NSAA sponsored activities, medical records, and any other information related to the Student's participation in NSAA sponsored activities; and, (b) the Student being photographed, video taped, audio taped, or recorded by any other means while participating in NSAA activities and contests, consent to and waive any privacy rights with regard to the display of such recordings, and waive any claims of ownership or other rights with regard to such photographs or recordings or to the broadcast, sale or display of such photographs or recordings.

I acknowledge that I have read paragraphs (1) through (4) above, understand and agree to the terms thereof, including the warning of potential risk of injury inherent in participation in athletic activities.

DATED this ____ day of _____, _____.

Name of Student [Print Name]

Student Signature

(I am)(We are) the Student's [circle appropriate choice] (Parent) (Guardian). (I)(We) acknowledge that (I)(We) have read paragraphs (1) through (4) above, understand and agree to the terms thereof, including the warning of potential risk of injury inherent in participation in athletic activities. Having read the warning in paragraph (2) above and understanding the potential risk of injury to my Student, (I)(we) hereby give (my)(our) permission for _____ [insert student name] to practice and compete for the above named high school in activities approved by the NSAA, **except those crossed out below:**

Baseball	Golf	Tennis	Play Production	Basketball	Swimming/Diving
Track	Football	Speech	Cross Country	Soccer	Volleyball
Music	Softball	Wrestling	Debate	Journalism	

DATED this ____ day of _____, _____.

Parent [Print Name]

Parent Signature

Seward High School Student And Parent Consent Form

For Interscholastic Participation

I, _____ (Student's Name) request to participate in Seward High School interscholastic activities in the 2018-2019 school year. In making this request, Student states: This application to participate in interscholastic activities for the Seward High School is entirely voluntary on my part. I have read the eligibility rules and regulations of the Nebraska School Activities Association and the rules and regulations of Seward High School. I am not in violation of such rules.

(I am)(We are) the Student's parent or guardian ("Parent") and hereby give consent for the Student to participate in Seward High School interscholastic activities in the 2018-2019 school year.

Parent and Student hereby give the following statements, agreements and consents:

WARNING OF RISK: I realize that participation involves the potential for injury which is inherent in all interscholastic activities. Even with the protective equipment, safety rules and instruction and direction of coaches and sponsors that are provided, injuries are still a possibility. The severity of such injury can range from minor cuts, bruises, sprains, and muscle strains to more serious injuries to the body's bones, joints, ligaments, tendons, or muscles, to catastrophic injuries to the head, neck and spinal cord, and on rare occasions, injuries so severe as to result in total disability, paralysis and death. *I acknowledge that I have read and understand this warning.*

MEDICAL: Parent is responsible for any professional medical and/or related services; the school shall not be liable for payment of such services. Parent and Student give permission to any and all of the Student's health care providers to release and discuss all records and information such health care providers may have about Student (including otherwise confidential medical information and records) to Seward High School and its employees, staff, agents, and consultants. Parent and Student further give permission to Seward High School, its employees, staff, agents, and consultants, to release and discuss all records and information it has (including otherwise confidential medical information or records) to Student's health care providers and to others as Seward High School may determine appropriate for the purposes of determining activity eligibility, fitness or injury status, or to respond to an emergency.

INSURANCE: I acknowledge that insurance coverage is recommended for all participants. The expense of insurance coverage is Parent's responsibility. Information regarding insurance is available in the Athletic Director's office.

INJURY REPORTING: Parent and Student agree to report to coaches and trainers any injury whatsoever suffered by Student before, during or after the season, practice or games, whether such injury occurred as a part of participation in the extra-curricular activity, or outside of such activity.

ELIGIBILITY RULES: The major rules and regulations governing Student's eligibility to participate in interscholastic activities have been disclosed to Student and Parent. I have read the Nebraska School Activities Association rules of eligibility for participation in interscholastic activities, including the parent domicile, student transfer and scholastic rules. I understand that activity participants must be enrolled in at least 20 hours per week, be regular in attendance, and have on school records a minimum of 20 hours credit for the immediate preceding semester. Seward High School includes additional eligibility requirements as set forth in the Student-Parent Handbook.

TRANSPORTATION: I understand the activity may be conducted at a location other than Seward High School. In some instances Seward High

School will not provide transportation to the activity. In such cases transportation to the site is the responsibility of Parent and Student. I understand that Seward High School is not responsible when Student is provided transportation by a private vehicle driven by others.

GOOD SPORTSMANSHIP: I understand good sportsmanship is essential to the success of the activity program. A failure to follow the principles of good sportsmanship or other inappropriate behavior may result in removal from the contest and may result in suspension from attending future contests or activities.

RELEASE OF INFORMATION: I consent to academic information including grade point average, class rank and any academic awards/recognition received by Student to be released. Most typically this information will be used for the purpose of recognizing excellence in both athletics and academics and released for publication in newspapers, school publications and for awards banquets or assemblies, all-conference or all-state awards.

UNIFORM/EQUIPMENT RETURN: I agree to return all uniforms and equipment issued to me promptly on request and upon the ending of my participation in good condition; subject to wear and tear that occurs from normal use. I accept financial responsibility for the return of items assigned to Student and agree to reimburse the school the actual replacement value of the items in the event that they are not returned or are damaged, and for cost of repairs if they can be repaired. I understand that failure to reimburse the school in a timely fashion could affect extracurricular activity eligibility.

ACTIVITY CODE: The Seward High School Student-Parent Handbook includes an Activity Code that sets out rules of behavior. Student agrees to comply with the Activity Code. In the event I am uncertain as to whether particular behavior or conduct would violate the Activity Code, I understand that I should ask the Athletic Director for advice before engaging in the behavior or conduct. I agree that participation in extracurricular activities is a privilege that may be denied by suspension or other discipline if Student does not comply with the Activity Code.

I agree that the Activity Code is a set of school rules and are not to be interpreted the same way as a criminal code. As such, I agree that the rules are subject to interpretation by school officials. I also agree that school officials may determine that a violation of the Activity Code has occurred when school officials reasonably determine from whatever information they find credible that the Student engaged in the conduct in question. School officials may determine that a violation of the Activity Code has occurred even though a criminal charge related to the conduct is still pending and even if Student has been found not guilty or the criminal charge has been otherwise dismissed.

Date: _____

Date: _____

(Signature of Parent/Guardian)

(Signature of Student)

(Parent/Guardian Printed Name)

(Student Printed Name)

July 2020

Note: The actual times, dates and locations of the events listed below are subject to change at any time based upon a wide array of variables. Please continue to check www.centralconference.org on a regular basis for the most up-to-date school calendar and event information.

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
			1 6:00pm-8:00pm Band Camp @ SHS	2 6:00pm-8:00pm Band Camp @ SHS	3 6:00pm-8:00pm Band Camp @ SHS	4
5	6	7	8	9	10	11
12	13	14	15	16	17	18 8:00am-12:00pm ACT Test Date
19	20	21	22	23	24	25
26	27 8:00am-10:00am Band Camp @ SHS 10:00am-12:00pm Band Camp @ SHS 5:00pm-8:00pm Band Camp @ SHS	28 Breakthrough BB Shooting Camp @ SHS Gyms 8:00am-12:00pm Band Camp @ SHS 5:00pm-8:00pm Band Camp @ SHS	29 Breakthrough BB Shooting Camp @ SHS Gyms 8:00am-12:00pm Band Camp @ SHS 5:00pm-8:00pm Band Camp @ SHS	30 Breakthrough BB Shooting Camp @ SHS Gyms 8:00am-11:00am Band Camp @ SHS 2:00pm-5:00pm Band Camp @ SHS	31 8:00am-12:00pm Band Camp @ SHS 1:30pm-3:00pm Graduation Rehearsal @ SHS New Gym 6:30pm Band Camp Performance @ SHS Football Field	

August 2020

Note: The actual times, dates and locations of the events listed below are subject to change at any time based upon a wide array of variables. Please continue to check www.centralconference.org on a regular basis for the most up-to-date school calendar and event information.

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
						1 10:00am Graduation @ SHS
2	3	4	5 NTO	6	7 New Teacher Work Day	8
9	10 Fall Sports Practice Begins Professional Development Day - No Students	11 Professional Development Day - No Students Student Orientation/Open House @ Multiple Locations	12 Professional Development Day - No Students	13 First Day of School - Students - Dismiss @ 1:30 PM	14	15 11:00am SB Hastings (NE)
16	17 6:30pm Outdoor Ed Parent mtg @ SMS Big Gym 7:15pm Outdoor Ed Counselor Mtg @ SMS	18	19 Outdoor Education	20 Outdoor Education 5:00pm VB Norris vs. Multiple Schools 5:00pm SB Waverly 6:30pm SB Waverly	21 Outdoor Education 6:00pm SHS - FB Scrimmage @ SHS Football Field	22 10:00am SB TBA vs. Freeman
23	24 7:00pm FBLA - Recruitment Party @ Plum Creek Park	25 5:00pm SB York 6:30pm SB York	26	27 4:30pm XC Seward Middle School vs. TBD 4:45pm XC TBD 4:45pm XC TBD 5:00pm SB Crete 6:30pm SB Crete	28 9:00am GOLF Seward vs. Multiple Schools 7:00pm FB Lexington	29 8:00am VB Plattsmouth 9:00am VB Lincoln North Star vs. Multiple Schools 9:30am SB Seward vs. Multiple Schools
30	31 Homecoming Week 6:00pm FB Hastings					