

## Seward High SkillsUSA State and National Contest Selections

You must pick at least 1 contest from each category.

(You may only pick 1 Skill Competition and only 1 Leadership Contest.)

(State Only Competitions do not qualify for Nationals, but you can do as many as you like.)

**Leadership Contests Category:** You may pick one contest from this category. (Thursday Night Competitions)

American Spirit (1-3)	Chapter Business Procedure (6 members)
Chapter Display (Interviewee 1-3)	Outstanding Chapter Notebook (1-3)
Community Service (1-3)	Entrepreneurship (Team of 4)
Extemporaneous Speaking	(State Only) Extemporaneous Speaking (9 <sup>th</sup> and 10 <sup>th</sup> grade)
Job Interview (3 per school)	(State Only) Job Interview (9 <sup>th</sup> and 10 <sup>th</sup> grade) (3 per school)
Prepared Speech	(State Only) Prepared Speech (9 <sup>th</sup> and 10 <sup>th</sup> grade)
Opening and Closing Ceremonies (7 mem)	Promotional Bulletin Board Display (1-3 members)
Quiz Bowl (5 members)	Health Knowledge Bowl – Medical Quiz Bowl (4 members)

**Skill Contests Category:** You must pick one contest from this category.

3-D Visualization and Animation (Team of 2)  
Architectural Drafting (Limit of 2 per school)  
Architectural Blueprint Reading (State Only)  
Advertising Design  
Automated Manufacturing Technology (Team of 3)  
Automotive Service Technology  
Automotive Parts (State Only)  
Automotive Refinishing Technology  
Basic Health Care Skills  
Cabinetmaking and Millwork (Limit 2 per school)  
Carpentry (Limit 2 per school)  
Collision Repair Technology  
CNC Milling (starts on Thursday)/CNC Turning (starts on Thursday)  
Commercial Photography  
Commercial Baking  
Culinary Arts  
Computer Maintenance Technology  
Cosmetology  
Criminal Justice  
Crime Scene Investigation (Team of 3)  
Customer Service  
Diesel Equipment Technician  
Electronics Installation and Maintenance  
Electronic Technology  
Firefighting  
First Aid/CPR  
Food and Beverage Service  
Internetworking  
Job Skill Demonstration A (Event Related - i.e. Carpentry)  
Job Skill Demonstration Open (Non-Event Related – i.e. Plant Identification)  
Masonry  
Mechatronics (Team of 2)  
Medical Assisting  
Mobile Electronics  
Mobile Robotics (Team of 2)  
Motorcycle Service Technology  
Nurse Assisting  
Photography  
Plumbing  
Power Equipment Technology  
Precision Machining (starts on Thursday)  
Pre-School Teaching Assistant  
Related Technical Math  
Residential Wiring  
Sheet Metal  
Structural Steel Design  
Technical Computer Applications  
Technical Drafting (Limit 2 per school)  
Team Works (Construction, Masonry, Electrical, etc.) (Team of 4)  
Television (Video) Production (Team of 2)  
Welding (GMAW) Welding (GTAW) Welding (OAW) Welding (SMAW) (starts on Thursday)  
The one National Welding contestant is determined by a runoff of the top 3 places from each welding contest.  
Welding Fabrication (Team of 3)  
Web Design (Team of 2)

**State Only Contests Category:** (You may pick as many of these as you want)

All these Projects are made before State and brought to the competition. T-Shirts and Pins are due when we arrive and all others will be judged on Friday night.

Bridge Building jr./sr.	Bridge Building fr./so.
Mouse Trap Vehicles jr./Sr.	Mouse Trap Vehicles fr./so.
State T-Shirt Design (For the following year)	
National T-Shirt (For the current year)	
Metric 500 (CO2 Car) (Limit 3 per school) fr./so. And jr./sr. Divisions – (Friday Morning)	
State Pin Design (For the following year)	
Technical Team Problem Solving Contest (State Only) (Team of 5)	
Research and Development (State Only)(Team of 2)	