What is the role of the Parent?

Support your athlete (tough sport), congratulate them, and praise them.

(Nobody try's to run poorly on purpose, sometimes athlete's might not give us their best and we might say something but for the most part they all try to please their parents, teammates and coaches. Something might be wrong, injury, illness, social/family problems, or just having a bad day. Sometimes they just need you to build them up after a below average performance and at the same time they need acknowledgement for going beyond their average performances.) It is hard to do sometimes, even for us coaches. We have 50 athletes and it is hard to say nice things to every single one at every single meet. So that is why we need you. You are still the most important people in their life and they need you.

Please call or e-mail me if you ever have concerns. (Support Coaches) Sometimes things get misinterpreted and it is best to know both sides of the story. We do not want things to get worse, we want kids to be happy and have good experience.

What can parents do to help our program?

You can help with Pasta Dinners (Parents Organize) This is a huge help, the athlete's love these dinners and they appreciate their parents for being a part of their sports program. We will have a list of available nights to help; if you cannot help during those times there are other ways to help by supplying deserts and things like that.

You can help with the Year End Banquet (Senior Parents Organize) Set-up and bringing food. This banquet is usually around the 1st Sunday in November, and it is truly a fun night and a great way to honor all our athletes on a great season.

You can Join and be and Active Booster Member (In the past we have asked the Booster club for items for our program.)

You can help out with our Home Invites (Time Trials, Charlie Thorell, Districts)
Directing athletes where to go on the course, pulling tags at the finish, spraying athletes down with hoses, helping with results and awards, handing out food, etc...)

You can hand out towels at meets, popsicles, yard signs, treating the team to dinner after a meet, etc.

It endless, these are just things that parents have done in the past and it is always fun to see what new parents want to do or try. I am good with whatever you want to try to make the season more enjoyable for your athlete because you as a parent play just as important role in the success of our season.